Channel Line-Up

Basic Package

BROADCAST- Local Channels

3 WCAX(CBS)- Burlington, VT
22 WVNY(ABC)- Burlington, VT
31 WNNE(NBC)-Hanover,NH/Hartford VT
33 WETK(PBS)- Burlington, VT
44 WFFF(FOX)-Burlington, VT
265 C-Span
266 C-Span 2
267 C-Span 3
55 EWTN
10 HSN
58 QVC
59 EVINE LIVE
56 Trinity Broadcasting
261 The Weather Channel

Premier Package

153 A&E
*453 A&E HD**
175 ABC Family
*475 ABC Family HD**
60 ACC Network
144 Animal Planet
*444 Animal Planet HD **
221 BET
158 Bravo
184 Cartoon Network
204 CMT
254 CNBC
244 CNN
122 Comedy Central
194 Cooking Channel
146 Discovery Channel
*446 Discovery Channel HD**
172 Discovery Family Channel
196 Discovery Life
170 Disney Channel
171 Disney Jr
176 Disney XD (Toon Disney)
155 E!
72 ESPN
*472 ESPN HD**
78 ESPN 2
*478 ESPN2 HD**
193 The Food Network
*493 Food Network HD**
248 Fox Business Channel
168 Fox Movie Channel
247 Fox News Channel
89 Fox Sports 1
489 Fox Sports 1
110 FX
92 Golf Channel
*490 Golf Channel HD**
159 Hallmark Channel
245 Headline News
134 History
*434 History HD**
192 HGTV
*492 HGTV HD**
165 LMN Lifetime Movie Network
*465 LMN *HD*
164 Lifetime Television
464 Lifetime Television HD *
252 MSNBC
452 MSNBC HD*
211 MTV
212 MTV2
229 mun2
143 National Geographic
*443 National Geographic HD**
117 Nat Geo Wild
91 NBC Sports Network
*491 NBC Sports Network HD**
80 NESN
84 NFL Network
484 NFL Network HD*
85 NHL Network
182 Nick JR.
180 Nickelodeon
147 OWN- Oprah Winfrey Network
123 Paramount
162 Oxygen
173 PBS Kids Sprout
75 SEC ALT ESPN
76 SEC - ESPN
129 Sy Fy Channel
*429 Sy Fy Channel HD**
107 TBS
169 TCM:Turner Classic Movies
145 TLC
*445 TLC HD **
109 TNT
148 The Travel Channel
*448 The Travel Channel HD **
118 truTV
190 TV Land
111 USA
*411 USA HD**
226 VH1

Premier Plus Package

130 American Hero
197 A Wealth of Entertainment
222 BET Gospel
186 Boomerang
223 Centric
205 CMT Pure Country
255 CNBC World
246 CNN International
133 Crime & Investigation Network
103 Destination America
*403 Destination America HD**
73 ESPNews
*473 ESPNews HD**
74 ESPN Classic
77 ESPN U
*477 ESPNU HD**
99 Fox College Sports (Atlantic)
100 Fox College Sports (Central)
101 Fox College Sports (Pacific)
88 FXX

Music Channels & More

Premier Pak Plus (continued)

128 FYI
94 Fox Sports 2
206 GAC
157 Hallmark Movie Channel
131 Investigation Discovery
166 Lifetime Real Women
218 Logo
195 Magnolia
124 MAV-TV
136 Military History
*416 Motortrend HD**
213 MTV Hits
214 MTV Jams
215 MTV U
216 MTV tr3S
181 Nick 2
183 Nicktoons
185 Teen Nick
95 The Outdoor Channel
*495 The Outdoor Channel HD**
137 Science Channel
*437 Science Channel HD**
96 RFD-TV
135 Viceland fromerly H2
227 VH1 Classic
228 VH1 Soul
470 Disney HD*
*438 MTV Live HD**
*439 Universal HD**

STINGRAY DIGITAL MUSIC

Music Channels included in Premier Pak Plus

500 ADULT ALTERNATIVE
502 CLASSIC ROCK
503 ROCK ALTERNATIVE
505 ROCK
507 HEAVY METAL
508 ALT. ROCK CLASSICS
509 HIT LIST
510 DANCE CLUBBIN'
511 GROOVE (DISCO & FUNK)
512 POP ADULT
517 THE LIGHT
518 STANDARDS
521 JUKEBOX OLDIES
522 FLASHBACK 70'S
523 EVERYTHING 80'S
527 NOTHIN' BUT 90'S
528 MAXIMUM PARTY
529 HOLIDAY HITS
530 URBAN BEATS
531 CLASSIC R AND B SOUL
532 SOUL STORM
533 HOT COUNTRY
534 COUNTRY CLASSICS
536 ALT-COUNTRY AMERICANA
537 NO FENCES
538 BLUEGRASS
540 FOLK ROOTS
542 THE BLUES
543 GOSPEL
544 BROADWAY
545 HIP HOP
546 JAZZ MASTERS
547 JAZZ NOW
549 SMOOTH JAZZ
550 THE CHILL LOUNGE
551 THE SPA
552 EASY LISTENING
553 POP CLASSICS
554 CLASSIC MASTERS
555 CHAMBER MUSIC
559 ECLECTIC ELECTRONIC
563 Y2K
564 JAMMIN
566 TODAY'S LATIN POP
567 RETRO LATINA
568 LATINO URBANA
569 ROCK EN ESPANOL
570 ROMANCE LATINO
572 KIDS' STUFF

Premium Movie Channels

SHOWTIME / THE MOVIE CHANNEL

314 Paramount + withShowtime (east)
*414 Paramount + w/Showtime(east) HD **
315 Sho2 (east)
*415 SHo2 HD**
316 Showtime Extreme (east)
317 ShoNext (east)
318 Showcase (east)
319 Showtime Beyond (east)
320 Showtime Family (east)
321 Showtime Women (east)
322 Flix (east)
323 The Movie Channel (east)
*423 The Movie Channel HD **
324 TMC Xtra (east)

STARZ/ STARZ ENCORE PACKAGE

334 Encore (east)
335 Encore Suspense (east)
336 Encore Black (east)
337 Encore Classic(east)
338 Encore Mystery (east)
339 Encore Family (east)
340 Encore Westerns (east)
341 Encore Retro Plex
342 Encore Movie Plex
343 Encore Indi Plex
354 Starz (east)
*454 Starz(east) HD**
355 Starz Cinema (east)
356 Starz Comedy (east)
357 Starz Edge (east)
358 Starz In Black (east)
359 Starz Kids & Family (east)
*459 Starz Kids & Family HD**

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* HD channels must subscribe to HD service and channels are by package

10/31/25